



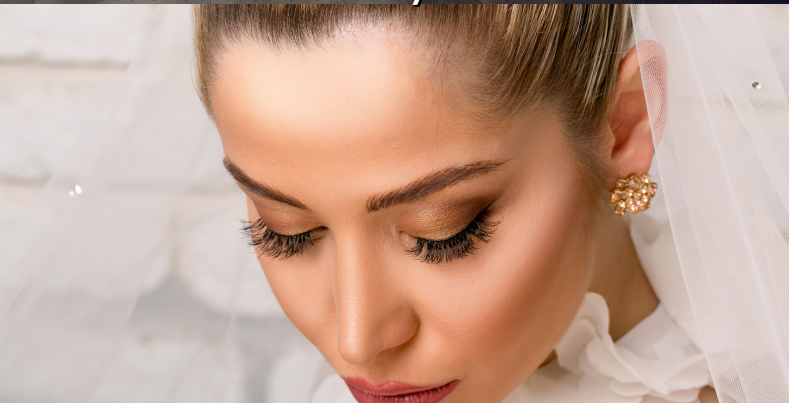
Bleu Mirage Aesthetics
Empowering You

CALLING ALL BRIDES



This is an exciting time in your life, filled with lots of planning and events leading up to your big day. There is no denying that the whirlwind of planning your wedding day can become a little overwhelming and stressful. We like to think about it this way – you buy your wedding dress up to a year in advance to ensure that it fits like a glove on your big day – why not think of skin care that way too?

Although each treatment is unique to the individual, we want to give you a general timeline to help remove the stress from elevating your skin care regimen. Below we have listed a few available procedures and the timeframe that these should be started if you are interested.



Calling all of our future brides! – On behalf of the Bleu Mirage Aesthetics Team, we want to congratulate you on this new and exciting chapter in your life! We want to officially welcome you to your Bridal Era! What's a Bridal Era, you ask? Your Bridal Era is the time from the day you are proposed to until you say 'I Do.' During this time, the brides-to-be exude this energy and a glow that beams confidence, sexiness, and pure radiance. Behind every bridal glow is a skilled Aesthetic provider that helps them achieve this radiance gradually throughout the year.



When you stop by for an in-depth consultation, we will create a customized treatment plan specific to you to help you look the best on your big day. Our vision is to empower your look so that you look naturally beautiful for your memorable day and make your jaws drop as you walk down that aisle!

Time Line Until You say 'I Do':



12 Months:

- **Waxing:** 12 months from the wedding and stick to a consistent routine. If you are used to shaving then it will take a few sessions to ensure that you are smooth and hair free in all the areas you want.
- **Monthly facials:** are super important to begin early in the game. We firmly believe that starting a yr prior is best because we can start getting your skin in shape. This is the perfect way to really indulge in a little self-care ritual during this busy time.
- **Microneedling with PRP:** This is our holy grail glow tool! This is one of our fave treatments if you want a good glow and refreshed look.
- **Neurotoxins:** If you are not on a Botox schedule let us get you on one now to minimize those wrinkles to give you a natural refreshed look.
- **Biostimulators:** Sculptra is a great treatment especially if you want to create collagen, fill out any dimples or holes that may be bothering you. You need more time to start seeing the results of this treatment therefore, the sooner you start the better it becomes.
- **Skin Care Regimen:** We want to create a skin care regimen with products that will work for you in between your sessions with us.

We are so excited to be a part of your wedding prep journey and look forward to seeing beautiful pictures after your big day! When you call to book your wedding prep consult ask our Practice Manager about our Post-Wedding Party Infusion package to help you and your bridal party regroup from all of the fun!



6 Months:

At this time point it's crunch time and things start to become real.

- **Fillers:** Need a plump hydrated pout? Now is the time to think about starting fillers to perfect the look that you want.
- **PDO threads:** If something needs a lift, PDO threads will be your favorite treatment!
- **Body treatments-** To help rid of back acne or cellulite. Especially if you are wearing a backless or strapless dress or wearing a bikini on your honeymoon!
- **Chemical peel:** Now is the time to start – this will help even out your skin tone and truly exfoliate your skin in between facial sessions to give you a healthy glow.

4 Months:

Continue fine tuning with Botox & Filler

2 Months:

This is the time we advise patients getting the last Botox treatment 1-2 months prior to the wedding day.

1 Month before your big day:

Last minute touch ups with Filler or Botox.

Last 2 weeks:

The final countdown begins to your big day! We highly suggest squeezing in your:

- Last facial
- Microdermabrasion to help even out skin texture, decrease pore size, skin discoloration and improve your skin canvas one last time.

These can be the last treatments done 2 weeks prior to ensure that any redness and irritation can calm down before your wedding.

Wedding Party Infusion Package:

With the whirlwind of your wedding day festivities, we can help you recover from all your events! We are pleased to bring you our Bleu Mirage Aesthetics' Wedding Infusion Party! This service is booked for the day after your wedding when our providers come to you to provide intravenous hydration with electrolytes and nutrients. Think of it as an after-party that will help rejuvenate you and make you feel great! Due to many requests, we will also offer concierge intravenous drip services after your Bachelorette & Bachelor parties. Our providers specifically mix our infusions with helping you recover from your festivities by addressing your hydration needs and providing a boost of energy to help you regain your second wind. Before your session, the office manager will guide you through a thorough review of each member receiving treatment so that everything will run smoothly the day of!

Suggested for Staff -- Guidelines for Wedding Infusion Parties:

- All payments to be processed prior to infusion date
- Any add-ons need to call information into office and pay via phones
- Service include: IV placement, IV Infusion custom to Pt + water bottle
- Each session ~1 – 2 hrs depending on amount of participants

